

CHECKING YOUR GAUGES as we drive through 2010:
Checking Your Mental Gauge**PRAYER**

- Begin with a few moments of sharing thanks and praises in prayer.

OPEN

- Can you recall a humorous moment in your life when you said, “what was I thinking?” (Possibly a time when you were forgetful or absent-minded)

READ: Matthew 22:37 & Ephesians 4:17

REFLECT

“We evangelicals need to confess individually and collectively that we have betrayed the great commandment to ‘love God with our mind’. We need to confess that we have given ourselves up to countless forms of unutterable folly. God has given us minds, but many of us have left them underdeveloped or undeveloped.”
(Os Guinness, *Fit Bodies, Fat Mind*)

- Do you agree with Guinness’ statement above? Why or why not?
- Pastor John used the following statements in his sermon, take a moment to respond and reflect on them:

“Our thoughts come from our mind and our lives come from our thoughts.”

“What consumes our thoughts will ultimately be what consumes and controls our life.”

READ: Philippians 4:4-9

- What ways does this passage teach us in regards to renewing our minds and thinking differently?
- Pastor John mentioned the following ways to renew our minds, what others would you add?
 - Don’t just read the Bible but study and meditate on the Bible
 - Come to corporate worship and be prepared to engage with God
 - Get involved in a Small Group for Bible Study
 - Not only read the Bible but read good Christian books
 - ???

CLOSE

- How do YOU need to renew or transform your thinking?
- Use Romans 12:2 to guide your closing prayer time.

