

CHECKING YOUR GAUGES as we drive through 2010: Checking Your Spiritual Gauge

PRAAYER

- Begin with a few moments of sharing thanks and praises in prayer

OPEN

- Share one thing you are looking forward to in the new year
- Share one thing you are concerned about in the new year

REFLECT

M. Robert Mulholland Jr. in his book, *Invitation to a Journey* writes: Everyone is in a process of spiritual formation! Every thought we hold, every decision we make, every action we take, every emotion we allow to shape our behavior, every response we make to the world around us, every relationship we enter into, every reaction we have toward the things that surround us and impinge our lives—all of these things, little by little, are shaping us into some kind of being. We are being shaped into either the wholeness of the image of Christ or a horribly destructive caricature of that image—destructive not only to ourselves but also to others.

READ: Colossians 1:10-20

- What does this passage teach us about the priority of Christ in our lives?
- What is the message (or point) of this passage to your spiritual life?
- How can you make Christ a greater priority in your life for 2010?

READ: Colossians 3:5-11

- What does this passage teach us about what we need to “take off” or “rid” ourselves of, and why?
- What is the message (or point) of this passage to your spiritual life?
- What do you need to take off or rid yourself of in 2010?

READ: Colossians 3:12-14

- What does this passage teach us about what we need to “put on” or “clothe” ourselves with, and why?
- What is the message (or point) of this passage to your spiritual life?
- What do you need to put on or clothe yourself with in 2010?

CLOSE

- Read Colossians 3:17
- Pray that your group and each member would grow and flourish spiritually in 2010.