

OPEN

- *Begin with some time of prayer*
- *Take a few moments to share stories from your Thanksgiving holiday*

STUDY

Read Ephesians 6:10-20 (Below is Eugene Peterson's translation of verses 13-18)

"Be prepared you are up against far more than you can handle on your own. Take all the help you can get. Every weapon God has issued so that when it's all over but the shouting, you will still be on your feet. Truth, righteousness, peace, faith and salvation are more than just words. Learn how to apply them. You'll need them throughout your life. God's word is an indispensable weapon. And in the same way, prayer is essential and it's ongoing warfare. So pray hard and long." (Eugene Peterson, *The Message*)

Let's continue to examine how God equips and enables us to face the struggle of evil in our lives:

Breastplate of Righteousness

The armor mentioned here covered the throat, heart, and lungs. It protected the vital organs.

- *How does this piece of God's armor help you stand against Satan and evil?*

Shoes of Peace

The soldier's shoes (sandals) often had spikes on the bottom to provide stable footing & better mobility.

- *How does this piece of God's armor help you stand against Satan and evil?*

Shield of Faith

The soldier's shield was a large rectangular piece of wood that was covered with canvas or animal hide. The shield was often dipped in water prior to battle to extinguish flaming arrows.

- *How does this piece of God's armor help you stand against Satan and evil?*

Helmet of Salvation

The helmet was made of skin reinforced with metal.

(Read I John 5:11-13)

- *How does this piece of God's armor help you stand against Satan and evil?*

Sword of the Spirit

The Roman soldier's sword was a short, straight weapon. The sword is God's message, and is the only piece of equipment mentioned that is used for attack rather than for defense.

- *How does this piece of God's armor help you stand against Satan and evil?*

Pray for each other!

Read Ephesians 6:18

- How can your group pray for each other and the battles you are facing in life? Spend some time praying for each and the difficulties you are facing.

Standing Against Satan (Part 2)

Nov. 29—Dec. 5

"The serpent was more crafty than any of the wild animals the Lord God had made." (Genesis 3:1)

